



Office of the Principal

# PANDU COLLEGE

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Dr. Sanchay Jyoti Bora, M.Sc. Ph. D  
Principal

No. PC(G)/NF/2025/

Date: 31.01.2025


## NOTICE

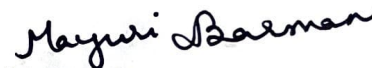
Dear Students,

We are pleased to inform you about an exciting opportunity to enroll in an upcoming '**Certificate Course on Philosophical Counselling**' through PPAI Education. Students can avail a **15% discount** on course fee by using code '**PCPC**' when registering for the course at <https://www.ppai-edu.in/subscriptions>.

The **Brochure** for the course is attached herewith.

Last Date of Registration is **February 10, 2025**.

  
Dr. Sanchay Jyoti Bora  
Principal, Pandu College  
Principal  
PANDU COLLEGE, PANDU  
Guwahati-12, Assam

  
Dr. Mayuri Barman  
Course Co-ordinator





# **Pandu College, Assam & Philosophical Practitioners' Association of India**



## **A Certificate Course On Philosophical Counselling**

**Begins on March 2, 2025**

### **About Philosophical Counselling**

Philosophical Counselling is a form of philosophical practice that attempts to support those who need a philosopher to address their concerns. Philosophical Counselling is a contemporary counselling approach where the worries of the counsellee (client) are addressed via different philosophical tools and methods, enabling clients to cultivate what may be called their inner philosopher.

### **About the Organisers**

#### **Pandu College**

Pandu College believes in imparting life-oriented and value based education- an education aimed at strengthening the body purifying the mind and sharpening the intellect. It is intended to make the learners aware of the need to cultivate such qualities that would enable them to integrate properly with their communities, the people of the nation and their physical and biological environments. It is so oriented as to help the learners to get exposed to the scientific and technological advancement.

#### **PPAI**

The Philosophical Practitioner's Association of India is a non-profit organisation which promotes knowledge and dissemination of various philosophical practices in India and internationally. Furthermore, we encourage and apply different philosophical practices such as Philosophical Counselling, Philosophy for/with Children and Philosophy for Teachers.

**REGISTER before February 15, 2025**

**[Click Here for Registration](#)**

# ABOUT THE COURSE

## COURSE OUTLINE

- 2-Credit programme
- Course fee INR 4000/-

## STRUCTURE

- Total 40 Hours in Online Mode
- On weekends and holidays

## ELIGIBILITY

Prior knowledge of philosophy is not compulsory. Participants may be from any discipline.

## COURSE OBJECTIVES

- This course aims to educate and discuss the scope, theoretical, and methodological aspects of philosophical counselling.
- Synthesise academic and practical tools to impart a deeper understanding of philosophical counselling.
- Utilise philosophy to understand social realities and problems
- Better self-acceptance and confidence
- Better management and expression of emotions
- Explicate how the role of philosophy is much beyond academia

## TENTATIVE THEMES

- Introduction to Philosophical Practice
- Rethinking Philosophy, Philosophical, and Counselling
- Critical Thinking
- Knowledge and Knowing: Pramanas and other ways of justification
- Dialogue
- Emotions and Reflection
- Active listening
- The Pursuit of Happiness
- Dream Analysis
- Philosophical Midwifery
- Mindfulness
- Philosophical Café
- Philosophical Counselling and Psychological Counselling
- Demo. of Philosophical Counselling and Psychological Counselling
- History of Philosophical Counselling
- Methods of Philosophical Counselling
- Indian philosophy I
- Indian Philosophy II
- Being a Philosophical Counsellor in India
- The future of philosophical counselling in India

**REGISTER HERE**  
**before February 15, 2025**

CONTACT US



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[www.ppai-edu.in](http://www.ppai-edu.in)

**Patron & Principal**  
Dr. Sanchay Jyoti Bora

**Course Convenor**  
Dr Mayuri Barman  
Associate Professor & Head  
Department of Philosophy

**Director, PPAI**  
Dr. Balaganapathi  
Devarakonda

**Director, PPAI**  
Dr. Vikas Baniwal

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